

TEXAS★ENDOSCOPY

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Preparation Instructions for EGD

- You **MUST HAVE TRANSPORTATION** from the facility by an adult family member or friend. No taxis, Uber, Lyft, or other public transportation. Otherwise, your procedure will be cancelled.
- If you are taking **Plavix, Coumadin (Warfarin), Lovenox, Eliquis, Brilinta** or any other prescribed blood thinner, it's very important that you notify the nurse for instructions as when to **STOP** this medication before your procedure. **If you are taking 325mg Aspirin**, switch to 81mg Aspirin daily 7 days prior to your procedure and stay on this dose leading up to procedure. If you are already taking 81mg Aspirin, do not stop prior to procedure.
- NO food after MIDNIGHT the evening prior to your procedure. The morning of your procedure you may have clear liquids **ONLY**, up to 4 hours prior to your procedure time. *Clear liquids: water, tea, coffee (no milk/creamer), sodas, chicken or beef broth, apple juice, sports drinks, popsicles, and jello. NO red, purple, or milk products!
- Please take blood pressure, heart, seizure, and thyroid medications with a sip of water four hours prior to your procedure.
- [Please call your TDDC physician's office with any questions.](#)